

Training and Development

Welsh Women's Aid is committed to delivering high quality training covering a range of subjects related to domestic abuse, both internally and externally.

External Training

Welsh Women's Aid provides Domestic Abuse training to external organisations in order to increase the understanding of the effects of domestic abuse on women, children and young people.

Topics covered include:

- Understanding the definition of domestic abuse and the dynamics of an abusive relationship
- Understanding the barriers facing victims of domestic abuse
- The myths and stereotypes surrounding domestic abuse
- Understanding why some individuals stay in or return to abusive relationships
- Information on the range of services available and how to refer individuals

We also offer specialist training in various areas in relation to domestic abuse including:-

- Legal training
- General housing issues
- Welfare rights
- Bespoke training

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Internal Training

Training is provided to Women's Aid member groups on an ongoing basis through a rolling programme of training. Welsh Women's Aid aims to ensure that groups are provided with relevant and appropriate training that allows them to deliver services to an excellent standard and meet the professional needs of the organisation.

Basic domestic abuse awareness training is available for all new Women's Aid staff and trustees, and specialised training is offered to Children's Workers.

The circulation of the annual WWA Training Needs Analysis to all groups at the end of the year provides the ideal opportunity for members to contribute to the design of the training programme for the following twelve months. National Workers also provide valuable input to this process using information gleaned from special interest groups and external meetings. **This also ensures that:**

- Training is prioritised to fit in with the current climate and business plan of the organisation.
- Training is tailored to ensure that it meets the needs of the groups and the objectives of the organisation.

Lifelong Learning

Welsh Women's Aid is committed to lifelong learning and encourages individuals to build on and develop their individual strengths. As an organisation working to establish a culture of a learning within the Women's Aid movement, we recognise and value a variety of training methods to suit every individual's needs including:

- Coaching
- Shadowing
- Mentoring
- Distance learning
- Online learning

For further information contact:

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Tel: 029 2039 0874 or visit
www.welshwomensaid.org/aboutus/training.html



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